

# ANTI-BULLYING PLAN

# 2022

## Carlingford West Public School

Bullying behaviour has three key features. It involves the intentional misuse of power in a relationship. It is ongoing and repeated, and it involves behaviours that can cause harm. The NSW Department of Education requires all NSW public schools to have an Anti-bullying Plan which details the strategies implemented to reduce student bullying behaviours.

### Resources

The NSW anti-bullying website (see: <https://antibullying.nsw.gov.au/>) provides evidence-based resources and information for schools, parents and carers, and students. Schools are encouraged to visit the website to support whole-school prevention, early intervention and response approaches and strategies for student bullying behaviour.

### Carlingford West Public School's commitment

Our school rejects all forms of bullying behaviours, including online (or cyber) bullying by maintaining a commitment to providing a safe, inclusive and respectful learning community that promotes student wellbeing. Executive staff are committed to establishing evidence-based approaches and strategies that promote a positive climate where bullying is less likely to occur.

## 1 School culture and inclusion

All members of the school community are active participants in building a welcoming school culture that values diversity and fosters positive relationships. A key component of a supportive school culture is building respectful relationships and an ethos that bullying is not accepted, in both online and offline environments. School staff will actively respond to student bullying behaviour.

Our school engages in the following practices to promote a positive school culture.

### 1.1 Student assemblies

Student bullying and expectations about student behaviour will be discussed and information presented to promote a positive school culture where bullying is not accepted.

| Dates            | Communication topics   |
|------------------|--|
| Term 1<br>Week 2 | Behaviour code for students  |
| Term 1<br>Week 5 | Expectations of respectful behaviour clarified in all classrooms   |
| Term 1<br>Week 7 | Classroom and playground expectations of respect and "No, Go, Tell" anti-bullying strategies taught explicitly in all classrooms |
| Terms 2<br>and 3 | Major and Minor Incidents and consequences. The role of the 'bystander' and how to help in a bullying situation.                 |

## 1.2 Staff communication and professional learning

Staff will be supported with professional learning that provides evidence-based ways to encourage and teach positive social and emotional wellbeing and discourage, prevent, identify, and respond effectively to student bullying behaviour.

| Dates                   | Communication topics and Professional learning   |
|-------------------------|--|
| Term 1 Week 4           | CWPS Wellbeing Procedures/Respectful behaviour   |
| All terms - fortnightly | Regular snippets of CWPS Wellbeing Procedures introduced and reinforced in grade meetings, following the whole school implementation timeline. |
| All terms – Weeks 2,5,8 | Regular Wellbeing Committee Meetings to discuss strategies and review their implementation   |
| All terms – Weeks 3,6,9 | Regular review of the wellbeing and monitoring of students and issue tracking.   |

## 1.3 New and casual staff

New and casual staff will be informed about our school's approaches and strategies to prevent and respond to student bullying behaviour in the following ways:

- information is provided in a handout to staff when they enter on duty at the school
- an executive staff member speaks to new and casual staff when they enter on duty at the school
- the principal speaks to new executive staff when they enter on duty at the school, as part of the induction process
- Classroom posters "Is it Bullying" in every classroom

## 2 Partnerships with families and community

Effective schools have high levels of parental and community involvement. This involvement is strongly related to improved student learning, attendance and behaviour. Our school proactively builds collaborative relationships with families and communities to create a shared understanding of how to support student learning, safety and wellbeing.

### 2.1 Website

Our school website has information to support families help their children to regulate their emotions and behaviour and develop socially. Information is provided to assist if children have been involved in bullying behaviour (as the person engaging in bullying behaviour, as the person being bullied or as the person witnessing the bullying behaviour).

The following are published on our school's website. Check the boxes that apply.

- School Anti-bullying Plan       NSW Anti-bullying website       Behaviour Code for Students

## 2.2 Communication with parents

Our school will provide information to parents to help promote a positive school culture where bullying is not acceptable and to increase parent's understanding of how our school addresses all forms of bullying behaviour.

| Dates     | Communication methods and topic   |
|-----------|---|
| Term 1    | Parent meeting P&C, parent/teacher night - Defining student bullying and school supports    |
| All terms | School website and school newsletter - Bystander behaviour                                  |
| All terms | Regular updates in newsletter about respect and expected behaviour. Antbullying reinforced. |

## 3 Support for wellbeing and positive behaviours

Our school's practices support student wellbeing and positive behaviour approaches that align with our school community's needs.


Social and emotional skills related to personal safety, resilience, help-seeking and protective behaviours are explicitly taught across the curriculum in Personal Development, Health and Physical Education (PDHPE).

Examples of other ways our school will embed student wellbeing and positive behaviour approaches and strategies in practices include the following.

- Wellbeing team meets regularly during the term to track students to ensure all students are valued, supported, cared for and feel safe at CWPS.
- Wellbeing Committee oversees all policy and procedure implementation and continually informs staff, students and parents of any updates or changes.
- Staff is kept up to date during weekly faculty meetings. Student wellbeing is also discussed at these meetings.
- Learning and Support Team meets weekly to also discuss student wellbeing.

Completed by: Di Bower

Position: Deputy Principal

Signature: 

Date: 26 July 2022

Principal's name: Andrew Williamson

Signature: 

Date: 26 July 2022

